# YEAR 11 BULLETIN

## CARING - DETERMINED - REFLECTIVE

### KENT CHOICES

Year 11 have now been given their KentChoices log in details.

Once they have completed their research into all of the different Post 16 options on offer they can go to https://www.kentprospectus.co.uk/login and complete their application form.

Remember to check application deadlines and entry requirements with individual providers. Please see Miss Willis, careers adviser, if you need any help with this.

willisa@themallingschool.kent.sch.uk

In addition to Miss Willis, students can discuss their thoughts about their post 16 choices with their form tutor, Miss Foulser (Head of Year), or Mrs Chimanga (Head of 6th Form).

#### GCSE MINDSET

This week, we are focussing on 'grit' and what it means to be 'gritty'. Angela Duckwork, a professor and the University of Pennsylvania, spent years researching the idea of 'grit' and how it might be developed in a person.

All of us will have at least one area in our lives where we might have shown grit. It might persevering with dance classes throughout childhood, striving for a promotion, or playing a musical instrument.

Duckworth says that developing 'grit' can significantly improve a person's outcomes both in exams and in later life.

We are going to be watching the following video: https://www.youtube.com/watch?v=wHGqp8lz36c

It's a really inspirational speech from J K Rowling about the power of perseverance. It would be great if you could watch this and discuss the message with your son or daughter.

#### WHY DO WE DO THIS?

It is a misconception that we are either born 'gritty' and determined or we aren't. Duckworth pioneered the idea that these characdteristics can be taught. We belive that it teaching students how to be 'gritty' and reslient is just as important to their success as teaching them the content for the exams or exam technique. Not only will 'grit' help with their exams, but it will also help them all the way through their adult lives.

J.K. Rowling

Harvard University Commencement June 5, 2008

Discuss with your son or daughter a time when you have had to show grit and determination.

What did you do? What was the outcome?

