

YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

WHAT DOES PERIOD 1 LOOK LIKE THIS YEAR?

This year, period 1 is going to look a little different for our Year 11 students. Each session has been carefully designed to maximise our students' progress, improve their mindset and set them up with the study skills they will need both now and later in life.

MONDAY: INTRODUCTION TO A NEW REVISION SKILL AND TARGETED INTERVENTION

TUESDAY: PRACTISING A NEW REVISION SKILL AND TARGETED INTERVENTION.

WEDNESDAY: GCSE MINDSET

THURSDAY: PSHE

FRIDAY: ASSEMBLY

Our period 1 programme aims to create self-reliant, motivated and resilient students who know exactly HOW to be successful.

GCSE MINDSET

Our GCSE mindset sessions are based on a brilliant book by Steve Oakes and Martin Griffin. Each week, students will be completing activities in order to transform their mindset and improve their productivity.

This week, students will be learning about their motivation. Students will select THREE key values from the list below and place them on a core values pyramid with the most important at the top and least important at the bottom.

**ACCEPTANCE. COMPETITION. CURIOSITY. CREATIVITY. FAMILY.
HONOUR. IDEALISM. INDEPENDENCE. ORDER. PHYSICAL ACTIVITY.
POWER. SAVING. SOCIAL CONTACT. SOCIAL STATUS.
TRANQUILITY**

The GCSE
Mindset
40 activities for
transforming
student
commitment,
motivation and
productivity
Steve Oakes and Martin Griffin

WHY DO WE DO THIS?

When students are forced to think carefully about what motivates them, they can then think more clearly about their vision for the future.

Which careers are going to satisfy their needs most completely and how are they going to get there?

In addition, understanding our intrinsic motivations and values will really help to plan goals around revision and exams. For example, if physical activity is a key motivator for me, I might need to reward 1 hour of revision with a 30 minute bike ride.

Ask your son or daughter about their motivations. Do their answers surprise you?

Can you support them in harnessing their intrinsic values to work for them?