

YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

NEW YEAR, NEW ME

The return to school in January marks a key milestone for our year 11 students.

There are now just over 4 months until their GCSEs begin.

This is a brilliant time for our students to stop, reflect and consider how they will make the most of their time in the lead up to their mock exams.

What can parents do to support?

- 1. WORK THROUGH YOUR STUDENTS CURRENT WEEKLY SCHEDULE. IS IT FOCUSED AND BALANCED? WHAT IMPROVEMENTS COULD BE MADE?**
- 2. SET SOME RESOLUTIONS TOGETHER. MIGHT THE PHONE BE LEFT OUTSIDE DURING REVISION SESSIONS? COULD YOUR SON OR DAUGHTER ATTEND AN EXTRA AFTER SCHOOL SESSION?**
- 3. ENCOURAGE YOUR SON OR DAUGHTER TO HAVE CONVERSATIONS WITH THEIR TEACHERS ABOUT THEIR NEXT STEPS.**

GCSE MINDSET

This week's session is called 'Looking Under Rocks'. The new year is a really opportune time for this activity.

A researcher called Jim Collins found that all successful companies face the brutal facts of reality, looking under rocks for problems, even when they don't want to.

Students are going to be thinking about things that they need to change or address in order to improve their outcomes. They will then work in groups to discuss how they might address these issues and come up with a plan.

WHY DO WE DO THIS?

In order for students to make positive change, they need to know what the issues are.

This is not only a useful activity for GCSE students, but something that will help them in their adult life too. Quite often we need to be brave and address the problems that are hidden in order to move forwards

Ask your son or daughter what they found hiding under their rocks. Is there anything you can do to help them make a positive change?

