



Year 11 Information Evening

28th March 2024

Agenda

- Y11 next steps & timeline
- Preparing for the exams
- How we are supporting
- What makes effective revision?
- Top tips for revision
- How parents/carers can support
- Sixth form & post-16 options
- Where to find further information

Next steps in year 11



- **Sixth form interviews:** w/b 25th March
- **French/Spanish Oral exams:** 3rd May, 7th—9th May
- **Exams Begin:** 10th May
- **Leavers assembly & BBQ:** Friday 24th May
- **Study Leave Begins:** Friday 24th May
- **Timetabled revision sessions:** 6-14th June
- **Y11 Prom:** Friday 12th July
- **Sixth form induction:** 1st - 3rd July
- **Results Day:** 22nd August
- **GCSE Awards Evening:** 30th November



Key Dates

How we are supporting

- Tracking & monitoring
- PSHE
- P1 intervention
- GCSE Mindset
- Assemblies
- Revision guides
- Resources on Teams
- P6 sessions
- Holiday revision sessions
- Revision sessions for parents
- Careers & sixth form interviews



YEAR 11

REVISION GUIDE



EASTER HOLIDAY REVISION SESSIONS

SUBJECT	DATE	TIME	TEACHER	ROOM	AVAILABLE TO STUDENTS AS INDICATED BELOW	DETAILS
Computing	3/4/23 and 4/4/23	9.00-15.00	VFa	B13	All art students in Year 11	Exam prep.
Computing	4/4/23	10.00-15.00	PMA/GKE	B4/B3	All computing students	Revision for exams
English	4/4/23	10.00-12.00	VTh LRo	R17	All students	English Language Paper 1 and 2
Mus.	5/4/23	09.00-1.00	ECO	M6	All students	Component 3 exam week
Business	5/4/23	10.00-12.30	KKE	T7	All students	Theme 1 revision & practice
Business	6/4/23	10.00-12.30	KKE	T7	All students	Theme revision & practice
Science	6/4/23	10.00-12.00	CGa	R9	All students	Bio/Chem/Phys
Maths	6/4/23	12.30-2.30	Bda/STh	R15/ R16	All students	Revision for exams on key topics

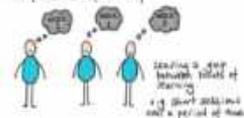
Psychology 3/4/23 10.00-2.30 MBL B5 All students Revision & exam prep

4 BEST BETS for LEARNING from RESEARCH

RETRIEVAL PRACTICE



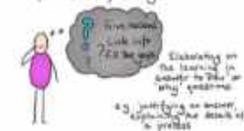
SPACED LEARNING



DRAWING your UNDERSTANDING



ELABORATION / making connections



4 Methods of Retrieval Practice

Before you start put away all your books & classroom materials

Retrieval Practice Examples

- Exit tickets
- Starter quizzes
- Multiple choice questions
- Short answer tests
- True or false
- Think, pair, share
- Ranking & sorting
- Challenge cards

BRAIN DUMP

Write down a picture shows a mind map or anything you know about a topic



FLASHCARDS

Create your own flashcards, questions on one side, answer on the other. Can you make links between the cards?



QUESTIONING

Create positive questions on a topic, keep your questions at the bottom of a concept



KNOWLEDGE ORGANISERS

Complete or draw your own knowledge organiser for topics or processes about a topic



After you have retrieved as much as you can go back to your books & check what you've missed. Next time focus on that missing information



Chemistry Paper One – Monday 22nd May 2023

Topic	CGP Revision Guide		BBC Bitesize link
	Higher	Foundation	
Atomic Structure & Periodic table	77-82	77-82	Atomic Structure Periodic Table
Ionic Bonding	83-85, 76	81-85	Ionic Compounds
Covalent Bonding	86-87	86-88	Simple Molecules Giant Covalent
Metallic Bonding	88	89	Metals & Non-metals
Conservation of Mass	89	90	Conservation of Mass
Relative Formula Mass & Formulae	90	91	Relative Formula Mass
Concentration	92	94	Concentration
Empirical Formulae	93	92-93	Empirical Formula 1 Empirical Formula 2
Moles & Reacting Masses	95-95		Higher only Calculations
States of Matter & Separating Techniques	97-104	96-103	States of Matter & Mixtures
Acids & Alkalis	105-108	104-108	Acids & Alkalis Making Salts
Electrolysis	110-112	110-112	Electrolysis
Extracting Metals	114-120	114-119	Extracting Metals
Reversible Reactions	121-122	120	Reversible Reactions

Physics Paper One – Thursday 25th May 2023

Topic	CGP Revision Guide		BBC Bitesize link
	Higher	Foundation	
Motion & Forces	143-153	145-155	Scalar & Vector Motion Newton's Laws Motion of Vehicles Momentum (Higher only)
Energy	156-162	156-163	Energy
Waves	164-167	165-169	Waves
EM Spectrum	168-171	170-172	EM Spectrum
Radioactivity	172-177	173-176	Radioactivity

Easter revision sessions

Date	Time	Subject	Attending
2-Apr	10:00 - 12:00	Science	
2-Apr	12:30 - 14:30	History	
2-Apr	09:00 - 16:00	Art	
3-Apr	10:00 - 12:00	Geography	
8-Apr	10:00 - 14:30	Music	
8-Apr	10:00 - 12:00	Maths	
8-Apr	12:30 - 14:30	Business	
9-Apr	10:00 - 12:00	Spanish	
9-Apr	12:30 - 14:30	French	
10-Apr	10:00 - 14:30	Drama	
10-Apr	10:00 - 12:00	English	
10-Apr	12:30 - 14:30	Psychology	

Exam timetables



GCSE SUMMER SERIES
WEEK COMMENCING: MONDAY 15TH MAY 2023

LESSON	MONDAY 15/05/2023	TUESDAY 16/05/2023	WEDNESDAY 17/05/2023	THURSDAY 18/05/2023	FRIDAY 19/05/2023
1	Normal Lessons	9am – Science: Biology [P3] Combined Science 1 hour 10 minutes	9am – Eng/Eth Literature Paper 1 1 hour 45 minutes	9am – History Paper 1 [Medicine in Britain] 1 hour 15 minutes	9am – Maths Paper 1 1 hour 30 minutes
2		9am – Science: Biology [P1] Separate Science 1 hour 45 minutes			
BREAK					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
LUNCH					
4	1pm – Citizenship Paper 1 1 hour 45 minutes	1pm – Sociology Paper 1 1 hour 45 minutes	Normal Lessons	2pm – Business Studies Paper 1 1 hour 45 minutes	1pm – Computer Science Paper 1 [Computer Systems] 1 hour 30 minutes
5		1pm – German Listening 45 minutes			2pm – German Reading 1 hour

Revision sessions after May half term

Breakfast	Maths	Spanish	Geography	English	
LESSON	MONDAY 03/06/2024	TUESDAY 04/06/2024	WEDNESDAY 05/06/2024	THURSDAY 06/06/2024	FRIDAY 07/06/2024
1	9am – Maths Paper 2 (Calculator) 1 hour 30 minutes	9am – Spanish Listening Foundation: 35 minutes Higher: 45 minutes	9am – Geography Paper 2 1 hour 30 minutes	9am – English Language Paper 2 1 hour 45 minutes	Maths (p.2)
2		9:40am – Spanish Reading Foundation: 45 minutes			
BREAK					
3	History	Geography	Business	Science (Bio)	Science (Bio)
LUNCH					
4	Spanish	1pm – History Paper 2 1 hour 45 minutes	1pm – Business Studies Paper 1 1 hour 45 minutes		1pm – Combined Science Biology - Paper 4 1 hour 10 minutes
5			English (for those not in BS)		1pm – Separate Science Biology – Paper 2 1 hour 45 minutes

Preparing for the exams - the day before



Revision and Review:

Review key concepts, notes, and materials relevant to the exam.

Focus on areas of weakness but also allocate time for a quick review of stronger topics.



Organise Materials:

Pack your bag with all necessary exam materials, including identification, stationery, and any permitted resources.



Rest and Relaxation:

Get a good night's sleep to ensure you are well-rested and alert for the exam day.

Avoid staying up late cramming as it can lead to fatigue and decreased performance.

Preparing for the exams - the night before



Final Review:

Quickly review key points but avoid introducing new material.

Focus on staying calm and confident in your preparation.



Relaxation Techniques:

Engage in relaxation techniques such as deep breathing or meditation to alleviate any anxiety or nervousness.



Healthy Habits:

Eat a nutritious dinner and avoid heavy or spicy foods that may disrupt sleep.

Limit screen time before bed to ensure quality sleep.



Positive Mindset:

Maintain a positive mindset and visualise success in the upcoming exam.

Remind yourself of your hard work and preparation, and trust in your abilities.

Preparing for the exams - on the exam day



Arrival and Preparation:

Wake up early to allow enough time for breakfast and travel to the exam venue.

Double-check that you have all required materials before leaving home.



Early Arrival:

Arrive at the exam venue well before the scheduled start time to avoid any stress or last-minute delays.



Exam Room Protocol:

Listen carefully to instructions given by invigilators and follow exam room protocols.

Maintain silence and focus throughout the exam.



Stay Calm and Focused:

Stay calm and composed, and focus on the questions at hand.

Manage your time effectively, allocating appropriate time to each section or question.



Post-Exam Debrief:

After the exam, avoid discussing questions with classmates to maintain exam integrity.

Focus on the next exam or relaxation techniques to alleviate any post-exam stress

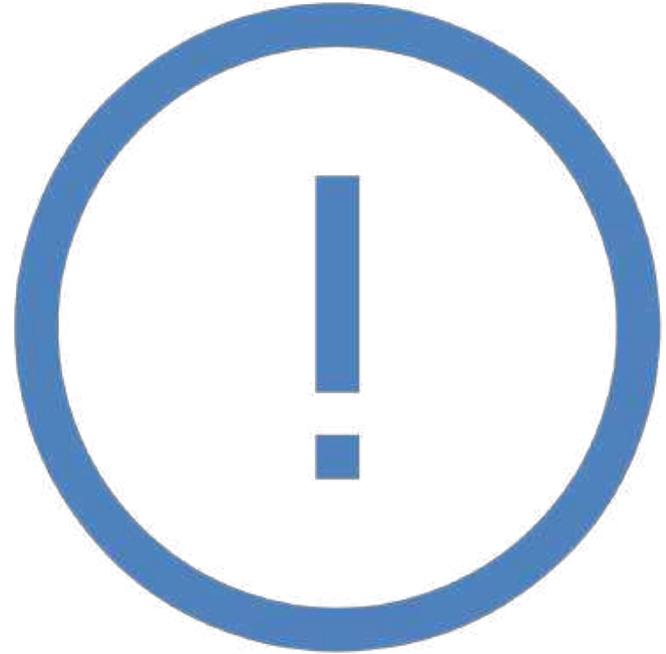


What makes
effective revision?

Studying successfully:
motivation + strategy + habit

5 reasons for revision resistance

1. Finding it hard
2. Finding it boring
3. Being overwhelmed
4. Fear of failing themselves
5. Fear of failing others



How to get motivated to revise

Start with
'Why?'

Set Clear Goals

Highlight the
Benefits

Create a
Positive
Environment

Provide
Incentives

Make it
Relevant

Use Varied
Revision
Techniques

Break it Down

Support and
Guidance

Set a Routine

Celebrate
Progress

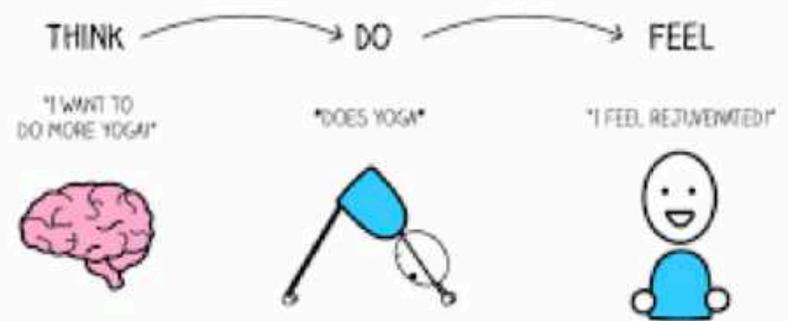
Mind/Body Interaction

Start doing the right things and you will start believing!

HOW I THOUGHT BEHAVIOR WORKED... (THE INEFFECTIVE FRAMING)



HOW BEHAVIOR REALLY WORKS: AN EFFECTIVE MODEL FOR BEHAVIOR CHANGE



Effective revision techniques?

A - Creating phrases, songs or lists to recall information

B - Spacing practise out – revisiting topics every few weeks

C - Writing summaries of information

D - Teaching someone else the topic

E - Writing out explanations of complex ideas

F - Re-reading notes

G - Moving from topic to topic while revising – snaking rather than bingeing

H - Reading whilst highlighting key terms

I – Self testing

J - Turning information into images

In order of proven effectiveness

- 1) **I Self Testing (High)**
- 2) **B Spacing practice out – revisiting topics every few weeks (High)**
- 3) **D Teaching someone else the topic (High)**
- 4) E Writing out explanations of complex ideas (Med)
- 5) G Moving from topic to topic while revising – snaking rather than binging (Med)
- 6) C Writing summaries of information (Med)
- 7) H Reading whilst highlighting key terms (Med)
- 8) A Creating phrases, songs or lists to recall information (low)
- 9) J Turning information into images (low)
- 10) F Re-Reading notes (low)

Principles of revision



The Pomodoro principle:

Your brain works best in timeslots of 25-30 minutes. Make sure that you have a short break between two such timeslots.



Interleaving:

Revision is most effective and your cognitive load is best managed when you build in a variety of subjects and topics rather than spending too long on the same content.



Beating Procrastination:

When clear and specific tasks are built into the weekly revision plan, you will save the time that is potentially wasted when you ponder on what you need to work on and how to do it.



Revision should be targeted:

It is important to identify the exact areas that you need to work on to avoid wasted time and effort.

The Revision Process

To ensure that these principles are followed, it is advisable to plan your revision activities in the following sequence:



Identify:

Find the topics or content you need to revise based on your performance in your mocks/last assessment.



Recognise:

Choose the most suitable and effective revision activities for the topics/subjects. Ask your teacher for advice if you are unsure.



Transfer and memorise:

Choose the revision activities that are most suitable and effective for each subject.



Start again:

Once you have completed the revision activity, schedule in more self tests to identify the next areas for your revision, perhaps a week later to give your brain the chance to retrieve the content from your memory.

The Revision Process

Below are a few examples of the best way to revise in specific subjects.



Maths:

Practise questions from worksheets by topics or from past exam papers. Mark your own work once completed using mark schemes. Redo the questions in a week's time.



Essay writing subjects:

Plan your essays using the questions or themes from past papers. Don't forget to include key words, phrases and facts that would help you access higher bands of marks.



Questions that require memorising facts:

Flashcards are a very effective tool for memorising. Create your flashcards and test yourself with the help of a friend or a family member.



Past papers:

The impact of your revision is measured by your performance in completing past papers. Build into your revision plan timeslots to complete these papers under timed and exam conditions.

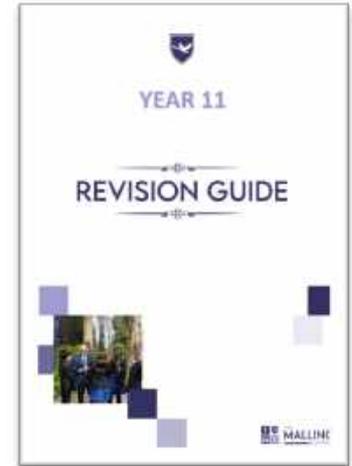
Where do I start?

- Feedback from mocks
- Revision checklists
- Areas of that need development
- Revision materials on Teams
- Use revision guides to make goals or as a starting point
- Weekly parent bulletin has suggested weekly revision topics
- Attend P1/P6/revision sessions
- Ask your teacher for support

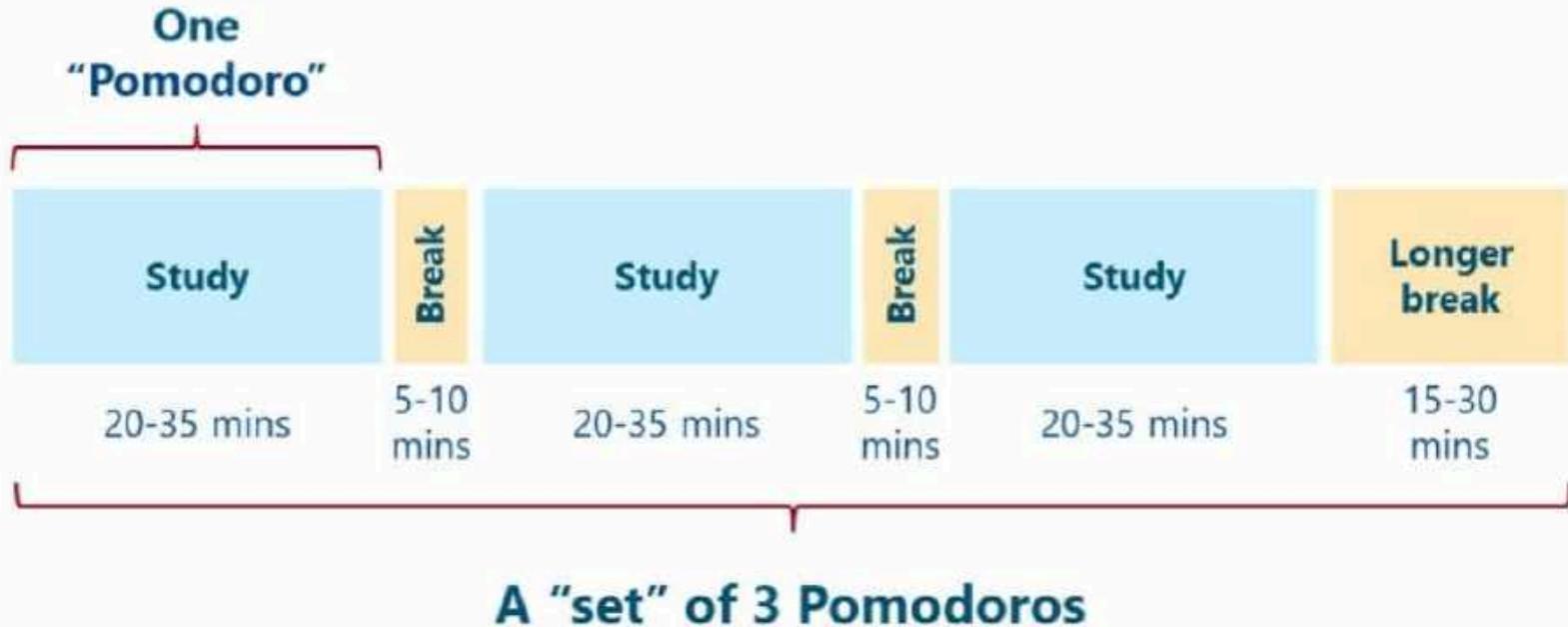


The screenshot shows a list of documents in a Microsoft Teams channel. The header reads 'Documents > General > Revision resources'. Below this is a table with two columns: 'Name' and 'Modified'. The table lists various revision materials, each with a folder icon and a date.

Name	Modified
Art & design	September 10, 2023
Business	September 10, 2023
English Revision Material	September 10, 2023
Geography Revision Material	September 10, 2023
History Revision Material	September 10, 2023
MATHS	September 10, 2023
Psychology Revision Materials	September 10, 2023
Science	September 10, 2023
Sociology Revision Materials	September 10, 2023



The Pomodoro principle



The Vernon Lewis Technique

Like closed book notetaking, but with an extra step. **This is more effective with content you are familiar with.**

1. Summarise a topic/page of textbook/notes into a list of key points.
2. These key points should be sufficient for you to be able to explain the whole topic when recalled.
3. Read through the points several times or set a time limit.
4. Cover the list up and write from memory.
5. Repeat this process until you can recall it all.
6. Crucially with this method you start from scratch each time you write out the list from memory.

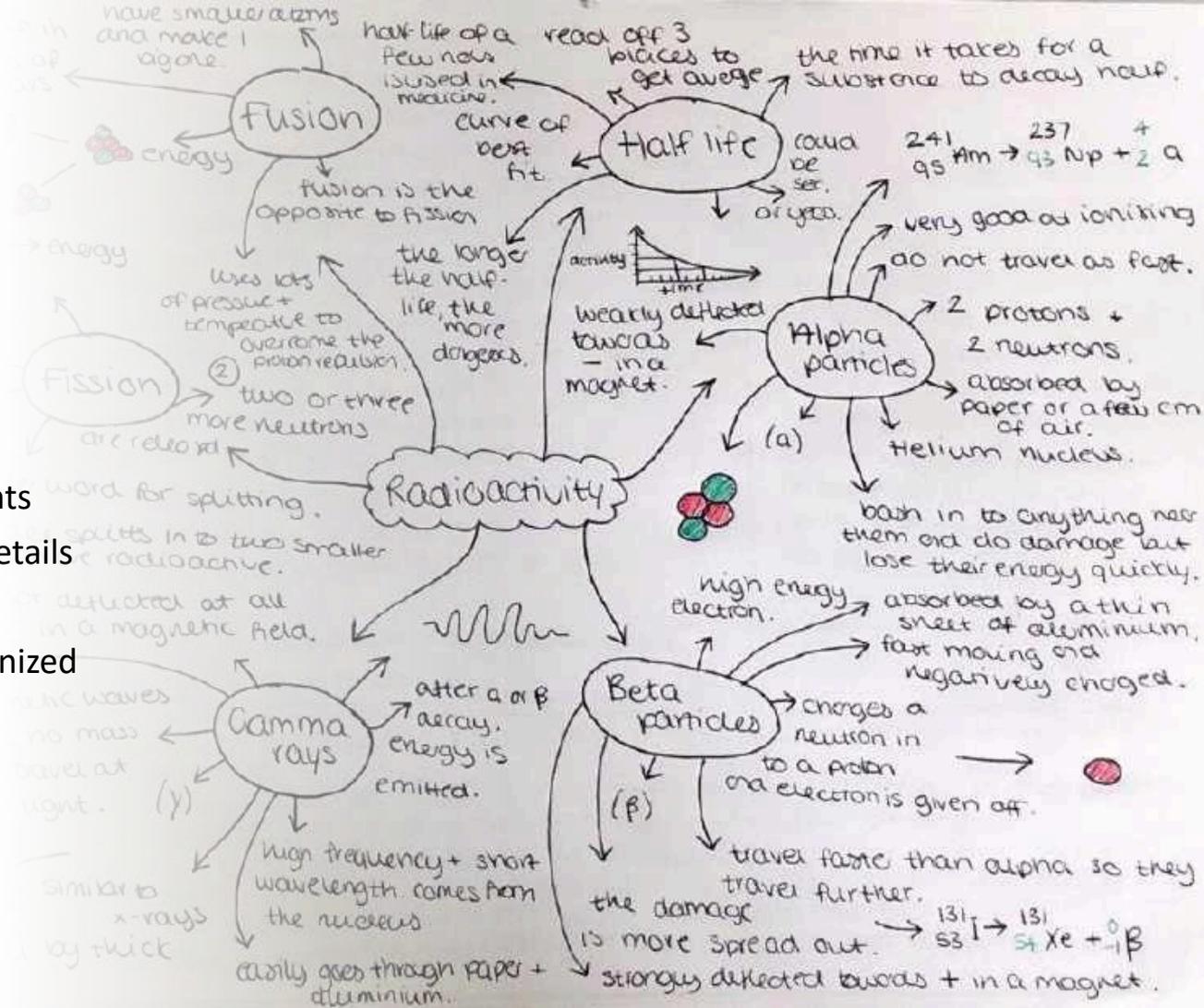
Then move onto the next topic, and the next – at the end of the session and the beginning of the second session - try and write out the whole lot!

Shorthand writing or recitals are just as effective.

Mind maps

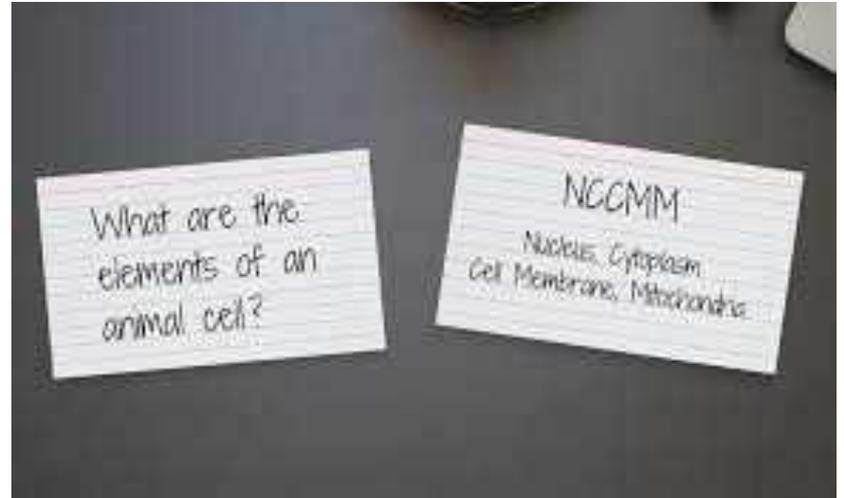
Making Mind Maps:

- Start with a Central Idea
- Branch Out with Key Points
- Add Sub-branches and Details
- Use Visual Elements
- Keep it Concise and Organized



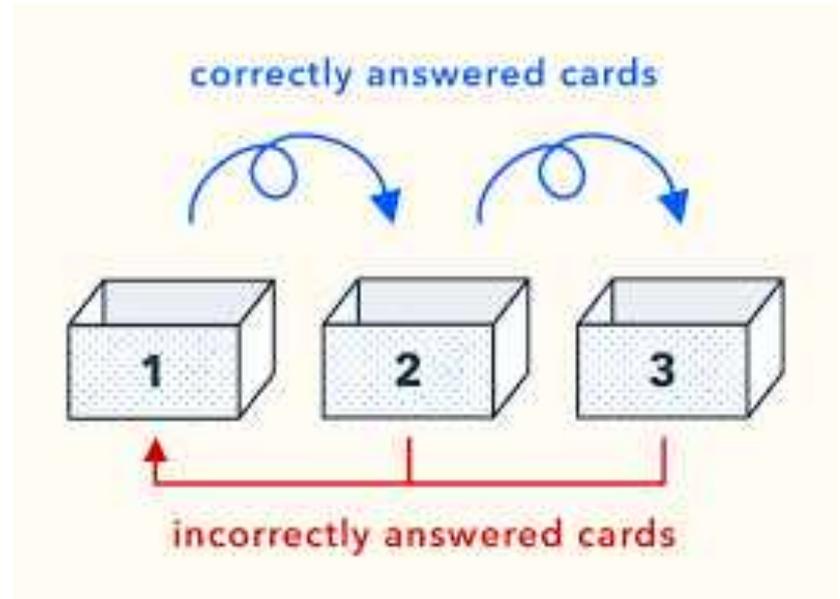
Creating flash cards

- **Gather Materials**
- **Choose Format**
- **Write Concisely**
- **Provide Answers**
- **Use Visuals (Optional)**
- **Organise**



Using flash cards

- Review Regularly
- Active Recall
- Space Out Sessions
- Mix Topics
- Track Progress
- Quiz Yourself
- Review Before Exams
- Adapt and Modify



Interleaving

Here is an example of what an interleaved timetable should look like. It seems counterintuitive but the results are immense.

M	T	W	T	F
ENGLISH	GEOGRAPHY	MATHS	SCIENCE	FRENCH
ENGLISH	GEOGRAPHY	MATHS	SCIENCE	FRENCH
ENGLISH	GEOGRAPHY	MATHS	SCIENCE	FRENCH

M	T	W	T	F
ENGLISH	GEOGRAPHY	MATHS	SCIENCE	FRENCH
MATHS	FRENCH	SCIENCE	GEOGRAPHY	ENGLISH
SCIENCE	ENGLISH	FRENCH	MATHS	GEOGRAPHY

By mixing up or 'interleaving' what you revise and when, you will remember that material far more effectively simply due to the fact that you will have to revisit that material multiple times with more gaps in between.

Top 10 tips for successful revision

- 1) Think quality, not quantity
- 2) Get organised and start early
- 3) Make a revision timetable
- 4) Set yourself focused targets
- 5) Make use of all the support available
- 6) Hunt down past papers & teachers
- 7) Schedule in some treats
- 8) Remember regular breaks are key
- 9) Make an exam plan
- 10) Ask for help if you need it

Remember to take regular breaks to rest & recharge

Level 1

Few minutes off
Every hour

Level 2

Few hours off
Every day

Level 3

Day off
Every week



Hydrate



See
nature



Move



Breathe



Eat



Talk

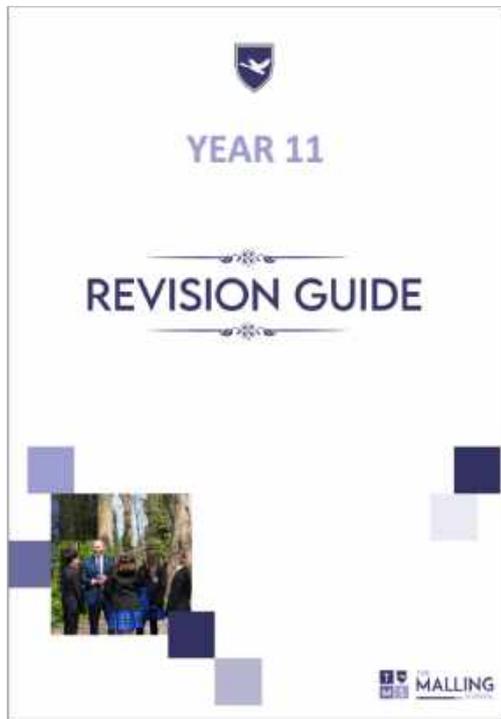


Health



Recharge

How can parents support?



3rd September 2023

1/2

YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

Welcome back to all Year 11 students

It's been a successful first week back at school. Students demonstrated their determination to do well by working hard from the start of the very first lesson.

GCSE MINDSET



Before the summer holidays, students reflected on what motivated them and set an overarching goal. In order to reach that goal, students came up with their missions and medals. The mission being the work and the medal being the reward.

Last week, students received their missions and medals which they wrote at the end of last term. We encouraged them to consider their summer holidays and if they had experienced anything which has changed their outlook on their life and consequently what they would like to become. They then took some time to design an activity record for the coming week. An activity record includes any school based activities and any

out of school activities that your child might engage with (homework, hobbies, revision, playing sports).

WHY DO WE DO THIS?

We want our students to have a clear vision of what they need to do to be successful, what they want that success to lead to and what they can do to make it happen. They have previously discussed their moral compass where they have turned their goal into a mission / question, for example instead of wanting to study medicine being the goal it becomes 'How can we improve the quality of the healthcare in the NHS?'



WHAT CAN YOU DO?

Discuss with your child what their plan looks like, how much time they have given for their missions and what their medals are.

Consider if there is a way that you can get involved with the medals and actively encourage your child to receive them. Medals can be anything from giving themselves a proper session, extra time playing football with friends or maybe asking for a charity bike ride!

It doesn't matter what it is, what matters is that they feel it is worth achieving.

Every student has thought about and noted down a 'big question' that they want to solve. Ask your son or daughter about what they have chosen and some possible career goals that may be relevant.

	Before School (early morning: 7.30-8.30)	During School (morning and early afternoon: 8.45-3.20)	After School (twilight 4.00-4.30)	Evening (7.00-9.30)
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

	Before School (early morning: 7.30-8.30)	During School (morning and early afternoon: 8.45-3.20)	After School (twilight 4.00-4.30)	Evening (7.00-9.30)
Monday	Tassomai - 4 daily goals	At School	Rest	45 mins Geography - coastal landforms create flashcards and start testing.
Tuesday	Tassomai - 4 daily goals	At School	Maths Intervention	Rest
Wednesday	Tassomai - 4 daily goals	At School	Science Intervention	History - Medicine revise mock exam questions with mark scheme. create 'perfect' anthology.
Thursday	Tassomai - 4 daily goals	At School	English Intervention	Rest
Friday	Tassomai - 4 daily goals	At School	Rest	BTEC Sport course work 1hr write 250 words and make 5 improvements to whole project.
Saturday	Lay in ☺	1hr English Literature - 'An Inspector Calls' exam question - 15 minutes planning + 5 minutes writing.	Rest	15 mins English Language P1 Test myself on all 5 questions strategies.
Sunday	Lay in ☺	Rest	15 mins Maths - Ratios - watch Heggarty video and complete tasks weakness from mock exam.	Rest

Exam timetables



Homework habits

- Be organised
- Keep a record of your homework
- Aim to complete it on the day it is set
- Use the school facilities to complete tasks
- Have a set amount of time dedicated to each homework session
- Work in a calm & quiet place away from distractions
- Turn off mobile phones



How can parents support?

Good sleep habits

A nutritious breakfast

Minimising distractions

Studying using Retrieval Practice

Making use of the Protégé Effect (teach someone else)

Combatting procrastination

High expectations

Motivation

Making outdoor exercise a habit

Balancing work and play

<https://blog.innerdrive.co.uk/10-ways-parents-can-help-their-child-revise>

Total number of weeks missed in Years 10 and 11	% of students achieving 5+ GCSEs standard passes
0	79
0-1	74
1-2	69
2-3	64
3-4	58
4-5	52
5-6	46
6-7	40
7-8	35
8-9	31
9-10	28

Data from a DfE research report highlights the strong link between attendance and excellent attainment at KS4

Attendance & punctuality



Sixth form – next steps

Why Study at The Malling School Sixth Form?

- International success – TMS continuously gets higher than the world average in a majority of subjects
- Internationally recognised qualifications
- Huge range of subjects
- Different pathways
- First school globally to add the IBDP to IBCP
- Sixth form team to support you
- Laptop scheme
- Top university success
- International university success
- Top apprenticeship success
- Academic and non-academic trips
- Meaningful work experience



Sixth form courses

We have 4 pathways available:

- The International Baccalaureate Career-related Programme (IB CP)
- The International Baccalaureate Diploma Programme (IB DP)
- Bespoke Level 2 programme
- Level 3 vocational pathway

Why study the IB?

- An international outlook
- A positive attitude to independent learning
- Learning beyond traditional subjects
- Opportunities for in-depth enquiry
- Critical thinking skills
- Research-based learning skills
- Ability to think critically and challenge assumptions
- University recognition of the level of challenges
- Ability to communicate internationally
- An understanding of how they learn



Why study the IB?

- Research from HESA shows that IB students are more likely than their peers to succeed in gaining a place at one of the UK's top 20 universities and have impressive outcomes at university.
- Some of the key findings include:

IB Students are...

Source: HESA



More than twice as likely to enrol at one of the UK's top 20 universities



30% more likely to gain a first class honours degree

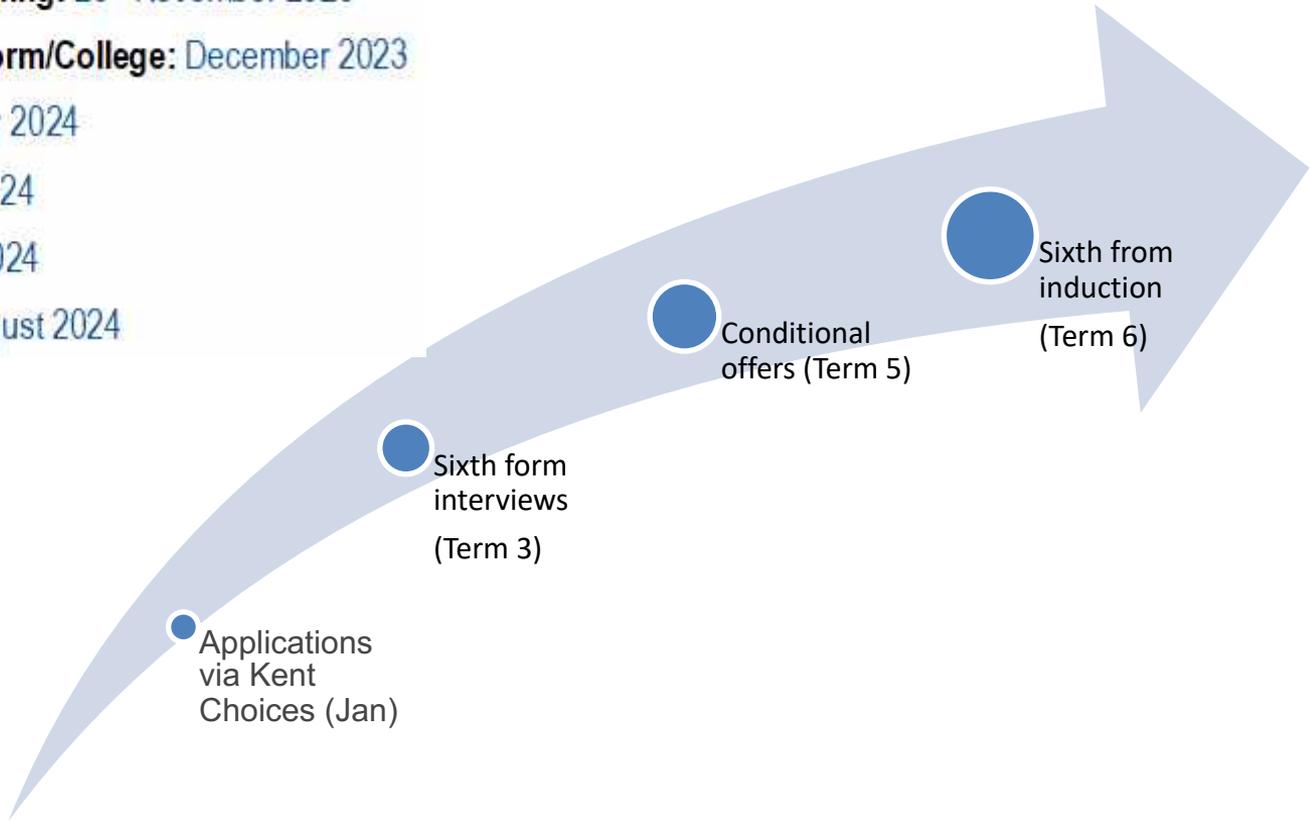


Nearly twice as likely to succeed in application to Medicine or Dentistry



Twice as likely to continue with further study after their first degree

- 🕒 **6th Form Open Evening:** 2nd November 2023
- 🕒 **Year 11 Parents' Evening:** 23rd November 2023
- 🕒 **Application for 6th Form/College:** December 2023
- 🕒 **Mock Exams:** January 2024
- 🕒 **Exams Begin:** May 2024
- 🕒 **Y11 Prom:** 12th July 2024
- 🕒 **Results Day:** 22nd August 2024



Sixth form – the road ahead

What happens on GCSE exam results day?

- Students will be able to collect their results from the hall from 9am on 22nd August
- If you are not able to collect in person results can be posted to you instead
- Members of the sixth form team & our careers team will be on hand to support and talk through next steps
- You will be able to discuss your results and get support and guidance on the day



For further information

<https://www.themallingschool.kent.sch.uk/page/?title=Sixth+Form&pid=7>

Office@themallingschool.kent.sch.uk



Please feel free to speak to members of staff here tonight for further guidance:

- Mrs Winter - SEN & access arrangements
- Miss Foulser, Mr Dmytruk - Pastoral & general enquiries
- Dr Shirley - General Y11 enquiries, intervention & science
- Miss Turner - Maths & homework
- Mrs Finley - English
- Mr Chidwick, Mrs Davey - General Y11 enquiries

Thank you
for your time

