

YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

Well Done All Year 11 Students.

This week, the Year 11 students have continued to impress everyone at the Malling School with their conduct during the first week of mock exams. They have shown an outstanding attitude, with many displaying remarkable resilience and determination in overcoming their nerves.

Now is the time to keep on going!

Exams can be an exhausting process, condensing years of study and learning into just a few hours of intense focus. Your support is vital in helping students stay motivated and navigate this final two weeks successfully.



To continue supporting our students, here are some key reminders for managing stress during the exam period:

1. **Prioritise Self-Care** – Encourage plenty of quality sleep, a balanced diet, and regular exercise. Emphasise the importance of scheduling short breaks and making time for hobbies within their revision plan.
2. **Manage Time Effectively** – Help them create a realistic study schedule that includes breaks to prevent burnout. Remind students of their P.1 sessions, where they learned how to plan revision timetables and use effective study techniques.
3. **Create a Distraction-Free Study Space** – Ensure they have a quiet, comfortable place to study. Encourage them to keep their mobile phone or other distractions in another room during study sessions.
4. **Celebrate Progress** – Acknowledge their hard work and celebrate small achievements to boost confidence. Encourage them to set achievable goals and reward themselves for completing tasks.
5. **Maintain Perspective** – Remind them that mock exams are just one step in their academic journey, with the ultimate goal being continuous learning and improvement.
6. **Encourage Open Communication** – Keep the lines of communication open, allowing them to share any concerns or anxieties they may have.

Your support and encouragement can make a significant difference in helping students stay positive and perform their best.

Mocks

A copy of the overall mock timetable can be found with this link: [Overall mock timetable](#)

A reminder that students are to maintain excellent uniform throughout the mock exams, just as they will be expected to do during the summer exam series.

Applying to TMS Sixth Form

A reminder that all applications to TMS must be submitted through [KentChoices](#), which is now open. Deadlines for applications is Friday 31st January.

Hoodies – Year Book

A reminder that there are some important deadlines.

- Hoodies: Orders must be placed by Friday 31st January. Please contact Mrs Cook for further information.
- Year Book: Orders must be placed by Friday 28th February. Please contact Mrs Cook for further information.

Period 6

The current period 6 timetable is below. We've had a great turnout to our after-school intervention and encourage as many of you to come along. The sessions run from 3.30-4.30 pm.

Day	SUBJECT	Location
Monday	Maths (by invite only)	Maths corridor
	Business Studies (exam paper practice)	R19
Tuesday	Science (Higher & Foundation sessions)	R7 & R8
	Psychology	M5
	Computer Science	B3
	Business Studies (exam paper practice)	R19
Wednesday	English	R11
	History	B10
Thursday	Maths	Maths corridor
	Geography	B corridor

What to revise this week?

Each week the Bulletin will suggest some topics for revision to try and take the stress out of deciding what to revise.

Biology: 9. Ecosystems and material cycles: Material cycles: - [BBC bitesize: Material cycles](#)

Chemistry: 6. Energy changes in chemical reactions - [BBC bitesize: Energy changes](#)

Physics: 2. Forces & Motion - [BBC bitesize: Forces & Motion](#)

Geography: Cities - Birmingham (CASE STUDY) - inequality, retailing changes and city living - Rev guide: p. 61-61

History: Development of blood transfusions - [resource](#)

Business Studies: Theme 2.2 The Marketing Mix Product : differentiation , design mix , product life cycle & extension strategies & Pricing strategies - CGP revision guide and Knowledge organiser questions as per homework

Psychology: Social Influence: Terms Used in Social Influence Research – [Social Influence CB P3-6](#)

Sociology: Marxist and Feminist explanations of crime and deviance - Purple book p.76 and curriculum book