

19<sup>th</sup> December 2025  
JRo/SSn

Dear Parent/Carer,

As a part of your child's PSHE education at The Malling School, we promote personal wellbeing and development through a comprehensive curriculum, based on the statutory guidance from the DfE. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, during term 3, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in year 9 will include teaching about:

- Intimate relationships
- Consent
- Sexual health
- Contraception
- Managing relationships
- Sexually Transmitted infections

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.themallingschool.kent.sch.uk/attachments/download.asp?file=513&type=pdf> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

Parents have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this. If you would like to opt your child out of the RSE content being delivered, please put this request into an email. The Headteacher or other relevant member of senior leadership will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from sex education.

If you would like to find out more or discuss any concerns, please contact your son or daughter's pastoral leader or myself.

Yours sincerely



**Mr J Rottcher**  
Teacher of English and IB Film

