



19th December 2025
JRo/SSn

Dear Parents/Carers,

As a part of your child's PSHE education at The Malling School, we promote personal wellbeing and development through a comprehensive curriculum, based on the statutory guidance from the DFE. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, during term 3, your child's tutor group will be taking part in lessons which will focus on the health and relationships education aspect of this programme. These sessions are a statutory part of the PSHE education recommended by the DFE. These lessons in year 7 will include teaching about:

- Male and female genitalia
- Reproduction (the scientific definition)
- Puberty
- Personal hygiene
- Menstruation
- NSPCC pants rule
- Consent and the law

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.themallingschool.kent.sch.uk/attachments/download.asp?file=513&type=pdf> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

If you would like to find out more or discuss any concerns, please contact your son or daughter's pastoral leader or myself.

Yours sincerely,

Mr J Rottcher
Teacher of English and IB Film



