

YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

How to Support Your Child During the Mock Exams

With mock exams approaching, we would like to offer some guidance on how you can best support your child during this busy and sometimes challenging time.

Mock exams are designed to help students practise exam techniques, build confidence, and highlight areas where further learning may be needed. A calm and encouraging home environment can have a significant impact on both well-being and performance.

Below are some suggestions to help your child stay balanced and positive throughout the exam period:



Encourage Healthy Routines

A consistent routine that includes enough sleep, nutritious food, and opportunities to be active can help students stay focused and energised.

Help with Planning and Organisation

Support your child in creating a manageable revision plan that allows time for rest. Encourage them to apply the study skills they've developed at school, such as structured revision and varied learning techniques.

Create a Supportive Study Environment

Providing a quiet, organised space for revision can help reduce distractions. Keeping phones and other devices out of reach during study time may also improve concentration. Students can also access study spaces at school before and after the school day.

Promote Wellbeing and Downtime

Regular breaks, time spent on hobbies, and moments to relax are important for maintaining motivation and reducing stress.

Maintain Open Conversations

Let your child know you're available to listen if they feel worried or overwhelmed. Talking things through can often help them regain perspective.

Manage Expectations Positively

Remind your child that mock exams are an opportunity to learn rather than a final measure of success. Effort, reflection, and improvement are what matter most.

Recognise Effort and Progress

Noticing and praising your child's commitment and perseverance, even in small ways, can boost confidence and morale.

Keep Things in Perspective

Reassure your child that mock exams are just one step in their learning journey and are designed to support long-term progress. Your encouragement and understanding play an essential role in helping your child approach this period with confidence and resilience. Thank you for continuing to work in partnership with us to support their success and wellbeing.

Period 6 Registers

We are continuing with our trial in registering attendance to Science period 6 sessions.

To book a place at a Period 6 session, please:

1. Log into the Bromcom Parent Portal or Student App.
2. Navigate to the Clubs and Trips section.
3. Select the tutoring session you wish to book (currently only science is offered as part of our trial).

A video tutorial showing how to complete the booking process can be found here: <https://www.youtube.com/watch?v=PafISpy357g>

Period 6 Timetable

Period 6 continues throughout the mocks. The sessions run from 3.30-4.30 pm, unless stated otherwise in the table below.

Day	SUBJECT	Location
Monday	Maths	R13
Tuesday	Science Physics: Electricity	In person: R7 Virtual: 17:00-18:00
	Business	P2
	Sociology	T7
Wednesday	English	R11
	Computer Science	B4
	French & Spanish	Languages corridor
	History: Paper 1 & 3 Questions	B17
Thursday	Psychology	TSS
	Geography	B16
	Drama / Dance / Music	
	Virtual Maths Sessions	17:00-18:00: open-invite (Foundation & Crossover topics) 18:30-19:30pm: invite-only (Higher Tier)
Friday	Maths (Higher)	R16

What to revise this week?

Each week the Bulletin will suggest some topics for revision to try and take the stress out of deciding what to revise.

Biology: 9. Ecosystems and material cycles: Biodiversity & Human activity - [BBC bitesize: Biodiversity & Human activity](#)

Chemistry: 6. Rates of reaction - [BBC bitesize: Rates of Reaction](#)

Physics: 8. Vector quantities (higher only) - [BBC bitesize: Resolving forces](#)

Geography: Cities - An urban world, UK urbanisation, Birmingham (CASE STUDY) context and structure, globalisation and economic change- Rev guide: p. 56-60

History: Key Inventions across Medicine 1250-present day - [resource](#)

Business Studies: Theme 2.1 Globalisation, barriers to trade & ethics and the environment - CGP revision guide and Knowledge organiser questions as per homework

Psychology: Issues and Debates: How Psychology has Changed over Time – [The Brain and Neuropsychology CB P30-36](#)

Sociology: Functionalist and Interactionist perspective on crime - Purple book p.74 and your curriculum book