The Malling School
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7th October 2026
EJe/SSn

Dear Parent/Carer

Year 11 relationships and sex education: Term 2

During Term 2, Year 11 pupils will study relationships and sex education (RSE) as part of our PSHE programme. The lessons aim to give pupils accurate information and help them make informed, respectful and safe choices as they move towards adulthood.

The Year 11 lessons will cover:

- Intimate relationships and consent
- Pressure, persuasion, coercion and relationship abuse
- Contraception choices
- Sexually transmitted infections (STIs)
- Fertility and routes to parenthood
- Pregnancy choices and outcomes

The lessons will be delivered during form time using pre-recorded teaching, supported by the form tutor. Pupils will be able to reflect privately and ask for support if they need it.

You can read our RSE policy, including information about the curriculum and the withdrawal request form, here:
www.themallingschool.kent.sch.uk/attachments/download.asp?file=737&type=pdf

A curriculum overview is available here:
https://www.themallingschool.kent.sch.uk/attachments/download.asp?file=860&type=pdf

Parents and carers may request that their child be withdrawn from some or all sex education taught as part of RSE. This does not apply to relationships education, health education or relevant content taught in science. If you wish to make a request, please complete the form in Appendix 1 of our RSE policy and address it to me at: emma.jedrzejewski@themallingschool.kent.sch.uk.

Pupils who are withdrawn will receive appropriate alternative education. From three terms before a pupil turns 16, they can choose to receive sex education even if a parent or carer has requested withdrawal.

If you would like to discuss the lessons, please contact your child's Pastoral Leader or myself.

Yours sincerely



Mrs E Jedrzejewski
Associate Assistant Headteacher