



THE
MALLING
SCHOOL

CARING

| DETERMINED

| REFLECTIVE

YEAR 12

PSHE CURRICULUM OVERVIEW

TERM 1 WELLBEING AND MENTAL HEALTH

Week 1	Work-life balance
Week 2	Supporting others
Week 3	Anxiety, depression and eating disorders
Week 4	Maintaining positive mental health
Week 5	Vaccines and immunisations
Week 6	Recognising illness
Week 7	Cancer and self-checking

TERM 2 ONLINE SAFETY

Week 1	Media Literacy, Digital Resilience and Online Reputation
Week 2	Managing Online Safety & Privacy
Week 3	Critical Media Literacy Skill
Week 4	Extremism & Radicalisation
Week 5	Photoshop, Airbrushing & Fake News
Week 6	Importance of Networking & LinkedIn
Week 7	The Importance of Basic First Aid

TERM 3 RSE

Week 1	Types of Relationships and Relationship Values
Week 2	Prejudice and Discrimination
Week 3	Consent, Sexual Norms and Expectations
Week 4	Consent Around the World
Week 5	Violence Against Women
Week 6	Police Investigating Sexual Assaults

TERM 4 PHYSICAL HEALTH

Week 1	Alcohol Awareness
Week 2	Drugs, Alcohol & Work
Week 3	Decisions, Drink Spiking, Drink Driving and Getting Home Safely
Week 4	The Police, Organised Crime & Gangs
Week 4	Going Abroad and Safety

TERM 5 RELATIONSHIPS

Week 1	Gaslighting and Emotional Abuse
Week 2	Coercion
Week 3	Harassment & Stalking
Week 4	Child-on-Child Abuse
Week 5	Culture, Diversity, Sharia Law and Honor Based Violence
Week 6	Deescalate Aggressive Situations
Week 7	Being Ambitious With My Life Goals

TERM 6 LIFE SKILLS (CAREERS FOCUS)

Week 1	Knowing My Strengths and Skills
Week 2	Alternatives to University
Week 3	Careers in a Global Economy
Week 4	Preparation for Workplace
Week 5	Producing a Compelling CV
Week 6	Answering Job Interview Questions

In addition to the planned curriculum, we are responsive to the needs of our school community and provide additional sessions where emerging needs are identified. Statutory content is also delivered through KS5 assemblies where we judge that key messages are most effectively communicated to the whole cohort.