



THE
MALLING
SCHOOL

CARING

| DETERMINED

| REFLECTIVE

YEAR 13

PSHE CURRICULUM OVERVIEW

TERM 1

WELLBEING, MENTAL HEALTH & PHYSICAL HEALTH

Week 1	Managing Lifes Phases
Week 2	Body Image & Pressure to Conform
Week 3	Appearance Vs Reality
Week 4	Body Modifications
Week 5	The Importance of Friends and Family
Week 6	Avoiding Toxic Friendships
Week 7	Fertility and What Impacts It

TERM 2

ONLINE SAFETY 7 LIFE SKILLS

Week 1	Online Dating and Personal Safety
Week 2	Consumer Rights and Customer Service
Week 3	Problematic Gambling
Week 4	Financial Literacy
Week 5	Exploring a Payslip
Week 6	Budgeting and Personal Investments
Week 7	The Importance of Basic First Aid

TERM 3

RSE

Week 1	Importance of Sexual Health
Week 2	Sexual Health Misconceptions
Week 3	Routes to Parenthood
Week 4	Unintended Pregnancies and Options
Week 5	Consent and Boundaries
Week 6	Power Differences in Relationships and Exploring Emotional Intimacy

TERM 4

RELATIONSHIPS & LIFE SKILLS

Week 1	Building Positive Relationships
Week 2	Ending a Relationship
Week 3	Building Professional Relationships
Week 4	What is Professional Conduct
Week 5	The Gig Economy

TERM 5

LIFE SKILLS

Week 1	Understanding Rental Contracts
Week 2	Confidentiality in the Workplace
Week 3	Pregnancy and Employment Law
Week 4	Striking and Trade Unions

In addition to the planned curriculum, we are responsive to the needs of our school community and provide additional sessions where emerging needs are identified. Statutory content is also delivered through KS5 assemblies where we judge that key messages are most effectively communicated to the whole cohort.